



"SOUND BYTES"

The Official Newsletter of the West Sounds Officers' Spouses Club

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Wsosc.org

Looking Ahead

November

- Membership Mtg—11/5
- Wine Club—11/8
- Lunch Club—11/12
- Moms and Tots—11/13
- Outdoor Club—11/19
- Book Club—11/19
- Bunco—11/22
- Running Club—11/28
- Golf Club is on break for the winter.

Inside this issue:

- WSOSC Activity Hot Sheet 2-3
- Fun things 4
- Cook's Corner 4
- Membership Information 5
- Board & Committees 5



Message from our President

Hello WSOSC Members,

Thanksgiving is a wonderful holiday that sometimes is overshadowed by the masquerade and sugar high of Halloween and the glamour and anticipation of Christmas. I personally choose not to put up one Christmas decoration until Thanksgiving is over. It is a time to reflect and give thanks. I would like to jumpstart that by thanking our Board and Activity Coordinators for their time, dedication, and commitment to West Sound. I also want to thank you, our members, for your participation and loyalty to our organization. It is greatly appreciated. If you would like to become an activity coordinator, we are currently looking for someone to take over our Lunch Club. Please let us know if you are interested. The topic for our General Membership meeting on Nov 5 will be "Gift Giving". We will have two speakers at this meeting: one talking about giving to a community organization, and another about gift giving to our families for this Christmas season. We are looking forward to seeing you all on November 5 at 10 a.m. Have a safe and wonderful Thanksgiving holiday, remembering to give thanks for all that we have.

Warmest wishes,
Lisa Aldrich



Special Event

Joint WSOSC and SOSA
Bunco Night on November 22
At the house of Elizabeth Garnett

We hope you can join us to meet new faces from other communities. Appetizers will be provided. It will be a night that you won't want to miss!



GENERAL MEMBERSHIP MEETING

"Gift Giving"

When: Tuesday, November 5th

Time: 10:00 am

Where: Bangor Chapel



Guest speakers Debbie Brockman from YWCA ALIVE Program and Jaimie Cornell from Bangor NEX



Community Service - Kitsap Food Bank donations

Like Us on Facebook!

ON November 1st only, all WSOSC Facebook page likes will be entered to win 1 of 3 prizes at the November Membership Meeting.

You must be present at the meeting to be eligible for the prize

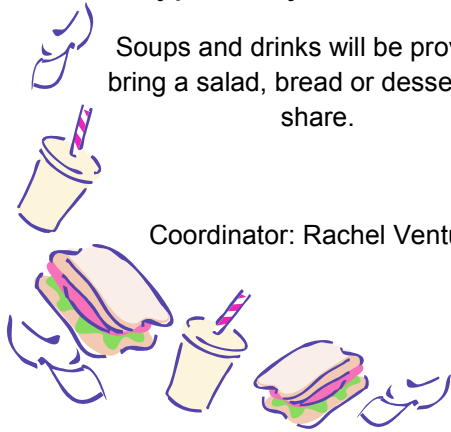
Lunch Club

Tuesday, Nov. 12th

12:00

Tryph Heryford's House

Soups and drinks will be provided, bring a salad, bread or dessert to share.



Coordinator: Rachel Ventura

Book Club



Tuesday, Nov. 19th, 7:00 pm

Karin Zwolfer's House

Book: Snowflower and The Secret Fan

Next month's book: Guernsey Literary & Potato Peel Pie Society by Mary Ann Shaffer

Coordinator: Christine Williamson

Outdoor Club

Tuesday, Nov. 19th

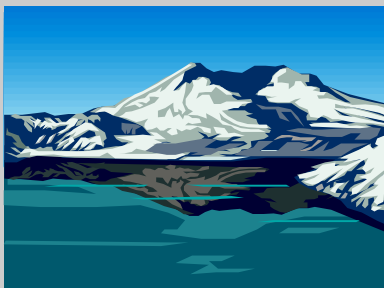
9:30 am (meeting time)

Guillemot Cove Nature Preserve

(Meet at Target parking lot in Silverdale)

Pets and children are welcome

Coordinator: Elizabeth Garnett



Bunco



Friday, Nov. 22nd

6:30 pm

Elizabeth Garnett's house

Joint event with SOSA members

Coordinator: Linda Power

Running Club

The Bainbridge Island Turkey Trot

Thursday, Nov. 28th

8:30am 1 mile start, 9am 5k star

Location: Battle Point Park



A family friendly event.
Let's burn a few calories together
before Thanksgiving dinner.

Coordinator: Annie Colvin

Wine Club

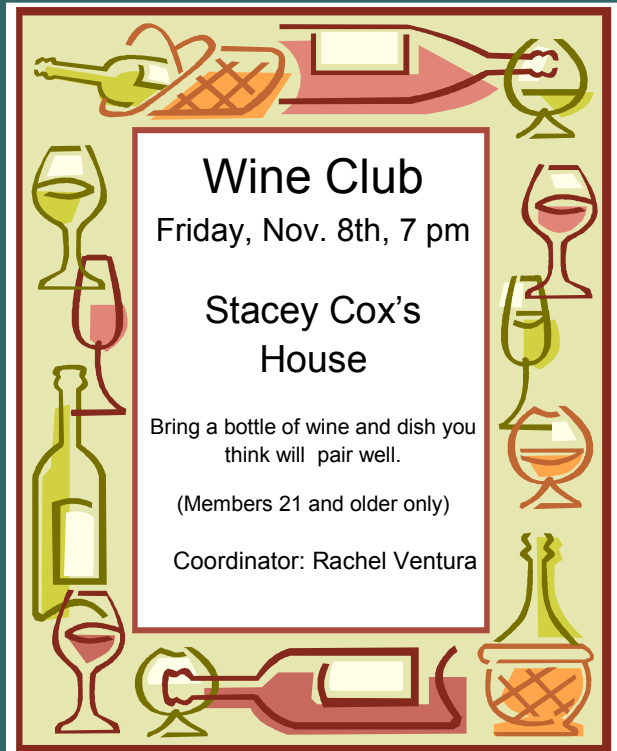
Friday, Nov. 8th, 7 pm

Stacey Cox's
House

Bring a bottle of wine and dish you
think will pair well.

(Members 21 and older only)

Coordinator: Rachel Ventura



Mah Jongg

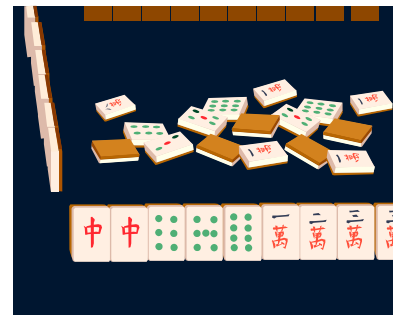
Every Monday

9:30 to 11:30 am

Café Noir in Silverdale

Join in or learn to play!

Coordinator: Alice Thomas



Moms & Tots

Wednesday, Nov 13th

10:00 am

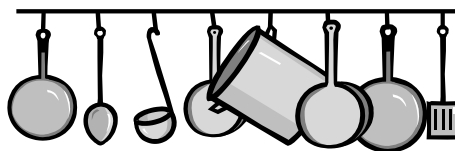
Location: Play Kitsap

Come for fun and play.

Coordinator: Brooke Sweet



COOK'S CORNER



Thai Carrot Soup

From the Kitchen of
Ellen Smith

1 Tbs. oil
1 medium onion, thinly sliced
2 garlic cloves, large, minced
Ginger root cube (1"), minced
1 3/4 lb. carrots, trimmed, peeled and thinly sliced
4 c chicken stock or broth
1/4 c cilantro leaves, loose pack
Salt, to taste
Red pepper, crushed, to taste (optional)

Heat oil in 3-quart saucepan over medium-high heat. Add onion, garlic, ginger, and carrots. Cook, stirring frequently, until hot and fragrant -- about 4 minutes. Add 3 cups stock. Simmer, covered, until carrots are tender -- about 25 minutes. Drain liquid from solids. Reserve liquid. Puree solids with cilantro in blender or processor until smooth. Add as much liquid as container can hold. Puree until even smoother. Transfer to 3-quart bowl. Add remaining liquid, if any, and remaining 1 cup of stock. Season to taste with salt and crushed red pepper. Serve chilled or hot. NOTE: can be made 2 days ahead and refrigerated, or frozen up to 3 months. Adjust seasonings to taste before serving.

Fun Things for November

Month of the Military Family

2 Salmon Viewing at Poulsbo's Fish Park from 10-noon. Volunteers on hand to talk about the life cycle.
2 "Percy Jackson: Sea of Monsters" - Free Admission at the Bangor Theater at 1pm
6 Youth Open House 4-6pm, Bangor Lighthouse*
10 Veterans Day Fun Run in Poulsbo at 10am
11 Veterans Day - many discounts offered at local businesses
15 Army Navy Flag Football Game at Everett. Tailgating begins at 2pm – free food and beer garden
15 Heroes Welcome 1-3pm, Bangor Chapel*
21 Turkey Trot at 11:30am – MWR sponsored event
21 Free admission to the Tacoma Art Museum, Museum of Glass, and Washington State History Museum
23 Teen Open House 3-5pm, Admiral Boorda Teen Center*
29 Macy's Day Parade in Seattle

MWR TRIPS - View description of trips and register at www.navylifepnw.com (transportation is provided)

7 Christmas Shopping trip at WoodBurn Factory Outlets
16 Visit Family Fun Amusement Park, Hydroplane Museum, Chihully Museum
29 Zoo Lights at Point Defiance Zoo
30 Christkindlmarkt, Leavenworth, WA - Bavarian-Style Christmas Market
for holiday family fun and shopping



Happy Turkey Day



EXECUTIVE BOARD:

Elected Officer Positions:

Lisa Aldrich, President

Jenna Cotherman, Vice-President

Elizabeth Garnett, Secretary

Tessa Ferguson, Treasurer

Suzy Klorig, Parliamentarian

Ellen Smith & Karin Zwolfer, Advisors

STANDING COMMITTEES:

Linda Power, Newsletter

Jenna Cotherman, Webmaster / Social Media

Shenafa Kenneys, Community Service

Tryph Heryford, Member Services

ACTIVITY GROUPS:

Christine Williamson, Book Club

Linda Power, Bunco Club

Tina Salter, Golf Club

Coordinator needed, Lunch Club

Alice Thomas, Mah Jongg Club

Brooke Sweet, Moms and Tots

Elizabeth Garnett, Outdoor Club

Annie Colvin, Running Club

Rachel Ventura, Wine Club



Spread the word . . .

Feel free to forward information to new spouses or those that may not have heard of us yet. Our most powerful marketing tool is our members! Sometimes it's the spouse that you least expect that may need a hand - by connecting with each other socially, we build bonds and create opportunities to look out for each other and lend that helping hand when it's needed. So, let's not keep this club a secret - help us get the word out!

Save the Date

December 10th @ 6:30 pm

General Membership
Holiday Gift Exchange



**Like Us On
Facebook!**



The WSOSC Newsletter "Sound Bytes" is published monthly. Submissions are due by the 20th for the following month's edition. Contact Linda Power, Newsletter Editor, at wsosc1@gmail.com

Mission Statement: WSOSC shall be a nonprofit social organization whose primary purpose is to provide morale, friendship, and community service to Military Officers' spouses in the West Puget Sound area. Its goal is to promote social, cultural, and enrichment activities for its local military community at large.